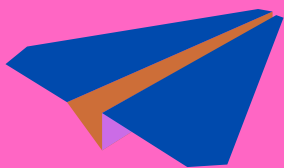
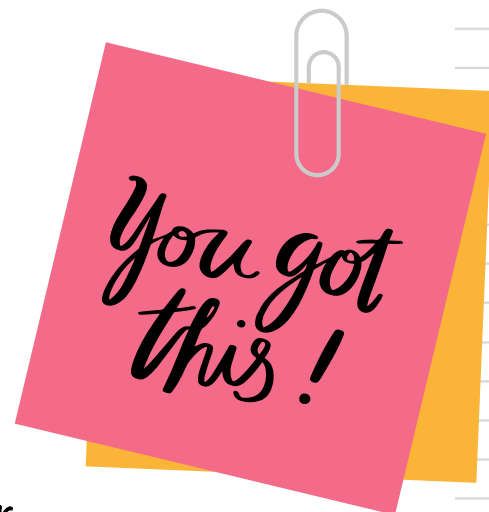


BREASTFEEDING CHECKLIST



THE ESSENTIALS

- Nursing bras
- Nursing pads
- Nipple Cream
- Muslin Cloths
- Breastfeeding Cover
- Breastfeeding Pillow



JUST IN CASE ...

- Manual Breast Pump
- Nipple shields
- Cooling Hydro Gel pads

AND A FEW EXTRAS

- A water Bottle
- Your favorite snacks
- A comfortable chair